

Progress Tracker



Everyone's experience with ADHD and Qelbree is different. Use this tool to keep track of treatment progress including dosage adjustments recommended by your healthcare provider, any symptoms or changes in behavior or how you feel, and other notes you can discuss with your healthcare provider.

Indication

Qelbree® is a prescription medicine used to treat ADHD in adults and children 6 years and older.

Name	Start date
Healthcare provider phone #	Next appointment date

WEEK	ADHD SYMPTOMS*	
1	Inattention Distracted easily Couldn't focus/finish task Forgetful/lost track of time Other (add note)	Hyperactivity and Impulsivity Fidgety/trouble staying still Interrupting/talking a lot Trouble settling to sleep Other (add note)
DOSE	NOTES Examples: Monday 3:30 pm: Lost track of time while working/doing homework Saturday 12 pm: Finished to-do list/chores early!	
Example: 100 mg		



Tip: Set a once-daily treatment reminder for taking medication

WEEK	ADHD SYMPTOMS*	
2	Inattention Distracted easily Couldn't focus/finish task Forgetful/lost track of time Other (add note)	Hyperactivity and Impulsivity Fidgety/trouble staying still Interrupting/talking a lot Trouble settling to sleep Other (add note)
DOSE	NOTES	

*These are not all the symptoms of ADHD but are provided as a list of examples.



If you have tried other ADHD medications, you may have a different experience with Qelbree.

Qelbree is a non-stimulant medication and it may take a few weeks to feel the full effect.

Abbreviation: ADHD, attention-deficit/hyperactivity disorder.

IMPORTANT SAFETY INFORMATION

Qelbree may increase suicidal thoughts and actions, in children and adults with ADHD, especially within the first few months of treatment or when the dose is changed. Tell your doctor if you or your child have (or if there is a family history of) suicidal thoughts or actions before starting Qelbree. Monitor your or your child's moods, behaviors, thoughts, and feelings during treatment with Qelbree. Report any new or sudden changes in these symptoms right away.

Please see additional Important Safety Information continued on next page.

WEEK	ADHD SYMPTOMS*	
3	Inattention Distracted easily Couldn't focus/finish task Forgetful/lost track of time Other (add note)	Hyperactivity and Impulsivity Fidgety/trouble staying still Interrupting/talking a lot Trouble settling to sleep Other (add note)
DOSE	NOTES	



Remember: Aim for progress, not perfection

WEEK	ADHD SYMPTOMS*	
4	Inattention Distracted easily Couldn't focus/finish task Forgetful/lost track of time Other (add note)	Hyperactivity and Impulsivity Fidgety/trouble staying still Interrupting/talking a lot Trouble settling to sleep Other (add note)
DOSE	NOTES	

*These are not all the symptoms of ADHD but are provided as a list of examples.



Visit [Qelbree.com](https://www.qelbree.com) for more resources and tips for success

IMPORTANT SAFETY INFORMATION (CONTINUED)

You should not take Qelbree if you or your child:

Take a medicine for depression called a monoamine oxidase inhibitor (MAOI) or have stopped taking an MAOI in the past 14 days. Also, you or your child should avoid alosetron, duloxetine, ramelteon, tasimelteon, tizanidine, and theophylline.

Qelbree can increase blood pressure and heart rate. Your or your child's doctor will monitor these vital signs.

Qelbree may cause manic episodes in patients with bipolar disorder. Tell your doctor if you or your child show any signs of mania.

Do not drive or operate heavy machinery until you know how Qelbree will affect you or your child. Qelbree may cause you or your child to feel sleepy or tired.

The most common side effects of Qelbree in patients 6 to 17 years are sleepiness, not feeling hungry, feeling tired, nausea, vomiting, trouble sleeping, and irritability, and in adults, insomnia, headache, sleepiness, tiredness, nausea, decreased appetite, dry mouth, and constipation. These are not all the possible side effects of Qelbree.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see Medication Guide, including Boxed Warning at <https://www.supernus.com/sites/default/files/Qelbree-Prescribing-Info.pdf>



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